

Sex and Relationships Education – RECEPTION

Scheme of Work – Our Lives

Theme	Learning Intention	Learning Outcomes	Vocabulary	Early Learning Goals Prime Areas	Thoughts for parents
Our day.	To consider the routines and patterns of a typical day.	Understand some areas in which the children can look after themselves e.g. dressing and undressing.	Dress Undress Clean Smelly Flannel Sponge Towel Hands Toothpaste Toothbrush Hairbrush Comb Family Mum Dad Brother Sister Grandma Granddad Stepmum Stepdad	Physical Development Health and self-care Personal, Social and Emotional Development Making Relationships	<ul style="list-style-type: none"> • Can your child dress themselves? • Practise putting on socks and shoes. • Practise putting on their clothes. • Can they do up their coat? • Can they use a knife, fork and spoon?
Keeping ourselves clean.	To understand why hygiene is important.	Explain why it is important to keep clean. Understand some basic hygiene routines.		RE Myself Growing Friends	Make sure that your child is able to independently keep themselves clean by: <ul style="list-style-type: none"> • Washing their hands with soap • Wiping their bottom • Brushing their teeth
Families.	To recognise that all families are different.	Identify different members of the family. Understand how members of a family can help each other.			<ul style="list-style-type: none"> • Draw a picture of your family and talk about different relationships. • Talk about who they can trust if they are worried about something.